



Uncompromising *Early Years Catering*

Proudly providing premium, scratch-cooked nursery meals, fueling young minds across Yorkshire, the Midlands, North West, and London.

CONTACT US

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WEBSITE

thesteelspoon.co.uk



The Steel Spoon Master Menu Database

COMPLETE PRODUCT CATALOGUE
350+ ITEM DIRECTORY

2026 / 27
OPERATING YEAR

Database Architecture

This directory represents the complete culinary database of The Steel Spoon. With over 350 scratch-cooked items, we offer unparalleled variety to early years settings.



1-to-1 Pairing Guarantee

Every single meat dish (Section 01) can be perfectly mirrored by a vegetarian counterpart (Section 02) to ensure dietary equality and eliminate food envy.

04

Side Dish Selection

STARCHY CARBS & VEGETABLE PORTIONS

- S001 New Potatoes
- S002 Mashed Potato
- S003 Roast Potatoes
- S004 Potato Wedges
- S005 Oven Baked Chips
- S006 Sweet Potato Wedges
- S007 Diced Herb Potatoes
- S008 50/50 White/Brown Rice
- S009 Wholewheat Pasta
- S010 Macaroni Pasta
- S011 Egg Noodles
- S012 Couscous
- S013 Quinoa
- S014 Garlic Bread Slices
- S015 Crusty Wholemeal Bread
- S016 Pitta Bread
- S017 Naan Bread
- S018 Tortilla Wraps
- S019 Yorkshire Puddings
- S020 Stuffng Balls
- S021 Garden Peas
- S022 Sweetcorn
- S023 Green Beans
- S024 Broccoli Florets
- S025 Cauliflower Florets

- S026 Sliced Carrots
- S027 Baton Carrots
- S028 Parsnips
- S029 Roasted Root Vegetables
- S030 Mixed Vegetables
- S031 Baked Beans
- S032 Mushy Peas
- S033 Shredded Cabbage
- S034 Sliced Courgettes
- S035 Roasted Bell Peppers
- S036 Cherry Tomatoes (Quartered)
- S037 Cucumber Batons
- S038 Mixed Leaf Salad
- S039 Coleslaw
- S040 Potato Salad
- S041 Gravy
- S042 Onion Gravy
- S043 Parsley Sauce
- S044 Tomato Sauce
- S045 Cheese Sauce
- S046 BBQ Dip
- S047 Mint Yoghurt Dip
- S048 Hummus
- S049 Tzatziki
- S050 Guacamole

01

Hot Mains (Meat & Fish)

100 PRIMARY LUNCH DISHES

- M001 Baked Fish Pie
- M002 Beef & Green Lentil Bolognese
- M003 Beef & Veg Cottage Pie
- M004 Classic Beef Burgers
- M005 Mild Beef Chilli
- M006 Traditional Beef Lasagne
- M007 Beef Stew & Dumplings
- M008 Breaded Cod Fish Fingers
- M009 Chicken & Chorizo Paella
- M010 Chicken & Leek Pie
- M011 Chicken Burger in a bun
- M012 Mild Chicken Curry
- M013 Chicken Pesto Pasta
- M014 Chicken Tikka Masala
- M015 Cheeseburger & Relish
- M016 Salmon & Broccoli Bake
- M017 Crispy Panko Chicken
- M018 Eastern Chicken Chow Mein
- M019 Pork Sausage Casserole
- M020 Macaroni Cheese with Chicken
- M021 Mild Pork & Apple Casserole
- M022 Omega-3 Salmon Fishcake
- M023 Roast Chicken Dinner
- M024 Roast Turkey Dinner
- M025 Sausage and Mash with Gravy
- M026 Sliced Roast Chicken
- M027 Spaghetti Bolognese
- M028 Sweet & Sour Chicken & Rice
- M029 Toad in the Hole (Chicken)
- M030 Traditional Roast Beef
- M031 Turkey Meatballs in Sauce
- M032 Wholewheat Carbonara
- M033 Lamb & Mint Meatballs
- M034 Pulled BBQ Pork

- M035 Chicken & Sweetcorn Pie
- M036 Beef Stroganoff
- M037 Turkey & Apple Burgers
- M038 Creamy Garlic Chicken
- M039 Fish Cake & Parsley Sauce
- M040 Caribbean Chicken Curry
- M041 Beef & Bean Burrito Bowl
- M042 Sausage & Bean Casserole
- M043 Sticky Teriyaki Salmon
- M044 Chicken Korma
- M045 Pork Meatballs in Gravy
- M046 Beef Cannelloni
- M047 Turkey & Vegetable Bake
- M048 Tuna & Sweetcorn Pasta
- M049 Chicken Fajita Bowls
- M050 Beef Keema Curry
- M051 Haddock Goujons
- M052 Pork Sausage Pasta Bake
- M053 Chicken Cacciatore
- M054 Turkey Chilli Con Carne
- M055 Chicken & Mushroom Risotto
- M056 Lemon & Herb Basa
- M057 Beef Goulash
- M058 Chicken Satay (Nut-Free)
- M059 Pork & Leek Sausages
- M060 Turkey Milanese
- M061 Shepherd's Pie
- M062 Chicken Enchiladas
- M063 Beef Hotpot
- M064 Smoked Haddock Kedgeree
- M065 Chicken & Bacon Pasta Bake
- M066 Pork Meatball Sub
- M067 Lamb Moussaka
- M068 Turkey & Cranberry Meatballs

- M069 Beef & Onion Gravy
- M070 Chicken & Chorizo Pasta
- M071 Tuna Nicoise Pasta
- M072 Chicken & Root Veg Stew
- M073 Beef & Tomato Pasta Bake
- M074 Pork Loin Roast
- M075 Turkey Sausage Rolls
- M076 Cod & Spinach Bake
- M077 Chicken Primavera
- M078 Beef & Carrot Casserole
- M079 Lamb Koftas
- M080 Chicken & Butternut Squash Bake
- M081 Pork Schnitzel
- M082 Turkey & Leek Pasta
- M083 Beef Kofta Curry
- M084 Salmon & Pea Risotto
- M085 Chicken Jalfrezi
- M086 Beef Meatballs in BBQ
- M087 Sausage & Mash
- M088 Chicken & Potato Pie
- M089 Turkey & Bean Chilli
- M090 Pork & Apple Burgers
- M091 Fish & Chips (Baked)
- M092 Chicken & Tarragon Casserole
- M093 Beef & Dumpling Stew
- M094 Lamb & Potato Curry
- M095 Chicken Tagine
- M096 Pork & Bean Stew
- M097 Turkey & Sweetcorn Burgers
- M098 Beef & Macaroni Bake
- M099 Tuna Pasta Bake
- M100 Chicken & Spinach Curry

Vegetarian Hot Mains

100 PLANT-BASED & VEGGIE DISHES

- V001 Vegan Fish Pie
- V002 Root Veg & Lentil Bolognese
- V003 Veggie & Lentil Cottage Pie
- V004 Veggie Burgers
- V005 Three Bean Veggie Chilli
- V006 Lentil Lasagne
- V007 Mushroom, Lentil & Veg Stew
- V008 Breaded Veggie Fingers
- V009 Pepper & Pea Paella
- V010 Tofu & Leek Pie
- V011 Veggie Burger in a bun
- V012 Chickpea & Spinach Curry
- V013 Veggie Pesto Pasta
- V014 Cauliflower Tikka
- V015 Veggie Cheese Burgers
- V016 Tofu & Broccoli Bake
- V017 Crispy Panko Quorn
- V018 Tofu Chow Mein
- V019 Rosemary & Onion Casserole
- V020 Classic Macaroni Cheese
- V021 Harvest Lentil Shepherd's Pie
- V022 Crispy Tofu Fingers
- V023 Veggie Chicken Roast Dinner
- V024 Veggie Roast Dinner
- V025 Vegan Sausage and Mash
- V026 Veggie Rosemary Sausages
- V027 Sneaky Veggie Bolognese
- V028 Sweet & Sour Quorn
- V029 Toad in the Hole (Veggie)
- V030 Creamy Red Lentil Dahl
- V031 Soya 'Meatballs' in Sauce
- V032 Creamy Mushroom Pasta
- V033 Quorn & Mint Meatballs
- V034 Pulled BBQ Jackfruit

- V035 Tofu & Sweetcorn Pie
- V036 Mushroom Stroganoff
- V037 Veggie & Apple Burgers
- V038 Creamy Garlic Plant-Chicken
- V039 Veggie Cake & Parsley Sauce
- V040 Sweet Potato Curry
- V041 Spicy Bean Burrito Bowl
- V042 Veggie Sausage Casserole
- V043 Sticky Teriyaki Tofu
- V044 Cauliflower Korma
- V045 Soya Meatballs in Gravy
- V046 Spinach & Ricotta Cannelloni
- V047 Quorn & Vegetable Bake
- V048 Chickpea & Sweetcorn Pasta
- V049 Spiced Pepper Fajita Bowls
- V050 Lentil Keema Curry
- V051 Sweet Potato Cakes
- V052 Veggie Sausage Pasta Bake
- V053 Aubergine Cacciatore
- V054 Mixed Bean Chilli
- V055 Leek & Mushroom Risotto
- V056 Lemon & Herb Plant-Fillets
- V057 Cheese & Tomato Quiche
- V058 Cheesy Lentil Lasagne
- V059 Mac & Cheese (Hidden Veg)
- V060 Macaroni Cauliflower Cheese
- V061 Mushroom Risotto
- V062 Roasted Vegetable Risotto
- V063 Soya Balls in Tomato Sauce
- V064 Tomato & Basil Pasta Bake
- V065 Veg Lasagne & Garlic Bread
- V066 Sweet Potato & Spinach Dahl
- V067 Roasted Veg Mac & Cheese
- V068 Creamy Tomato & Basil Gnocchi

- V069 Butternut Squash Risotto
- V070 Cheese & Onion Pie
- V071 Root Vegetable Hotpot
- V072 Creamy Cauliflower Bake
- V073 Five-Bean Enchiladas
- V074 Spinach & Feta Parcels
- V075 Vegetable Goulash
- V076 Tofu Satay (Nut-Free)
- V077 Vegetarian Sausages & Gravy
- V078 Quorn Milanese
- V079 Lentil Shepherd's Pie
- V080 Black Bean Enchiladas
- V081 Vegetable Hotpot
- V082 Curried Cauliflower Kedgeree
- V083 Vegetable & Pasta Bake
- V084 Soya Meatball Sub
- V085 Vegetable Moussaka
- V086 Quorn & Cranberry Meatballs
- V087 Onion & Gravy Bake
- V088 Quorn & Pepper Pasta
- V089 Mediterranean Veg Pasta
- V090 Root Veg Stew
- V091 Tomato & Veg Pasta Bake
- V092 Nut Roast
- V093 Vegetable Sausage Rolls
- V094 Spinach & Ricotta Bake
- V095 Vegetable Primavera
- V096 Carrot & Lentil Casserole
- V097 Falafel Koftas
- V098 Butternut Squash Bake
- V099 Quorn Schnitzel
- V100 Leek & Potato Pasta

Teas & Light Bites

50 AFTERNOON SUSTENANCE OPTIONS

- T001 BBQ Chicken Fajitas
- T002 Cheesy Tuna Pasta Bake
- T003 Chicken Noodle Soup
- T004 Chicken Salad Sandwiches
- T005 Chicken Tikka Wraps
- T006 Crispy Chicken Bites
- T007 Ham & Cheddar Ploughman's
- T008 Ham and Cheese Pinwheels
- T009 Jacket Potatoes (Tuna/Cheese)
- T010 Macaroni & Shredded Ham
- T011 Mini Fish Goujons
- T012 Pork Apple Burger
- T013 Sliced Roast Chicken Wrap
- T014 Tuna Mayo Wholemeal Wraps
- T015 Turkey Con Carne
- T016 Mini Chicken Empanadas
- T017 Turkey Sliders
- T018 Chicken Quesadillas
- T019 BBQ Pulled Chicken Wraps
- T020 Pork Sausage Rolls
- T021 Tuna & Cucumber Pitta
- T022 Ham & Cheese Toastie
- T023 Chicken Pesto Pasta Salad
- T024 Turkey Meatball Skewers
- T025 Salmon Finger Sandwiches

- T026 Beans on Wholemeal Toast
- T027 Butternut Squash Mac & Cheese
- T028 Carrot & Hummus Pots
- T029 Cheese & Cucumber Bagels
- T030 Cheese Toasties
- T031 Chewy Flapjacks
- T032 Creamy Avocado & Tomato Dip
- T033 Egg Mayonnaise Finger Rolls
- T034 Mini Pizza Bagels
- T035 Mozzarella Pizza
- T036 Red Pepper & Onion Stir Fry
- T037 Smashed Avocado Toast
- T038 Tomato Soup and Pitta Bread
- T039 Warm Cheddar Cheese Scones
- T040 Hummus & Veggie Batons
- T041 Cheese & Tomato Croissants
- T042 Cucumber Tzatziki with Pitta
- T043 Mini Vegetable Quiches
- T044 Cream Cheese & Cucumber
- T045 Falafel & Mint Dip
- T046 Cheese & Apple Crackers
- T047 Roasted Pepper Pinwheels
- T048 Carrot & Swede Muffins
- T049 Guacamole & Tortilla Chips
- T050 Vegetable Samosas



Strict Halal Separation

All meat and poultry items can be provided using HMC certified Halal suppliers. Our kitchens maintain rigorous physical separation protocols, ensuring complete peace of mind for diverse educational communities.

- D001 Apple & Berry Jelly Pots
- D002 Apple & Blackberry Crumble
- D003 Apple & Peach Crumble
- D004 Apple & Raspberry Crumble
- D005 Baked Apple & Cinnamon bites
- D006 Baked Cinnamon Apples
- D007 Banana & Blueberry Loaf
- D008 Berry Cheesecake (Sugar-Free)
- D009 Blueberry & Oat Muffins
- D010 Blueberry compote & yoghurt
- D011 Carrot Cake (Sugar-Free)
- D012 Chocolate Muffins
- D013 Chocolate waffles & fruit
- D014 Cinnamon Baked Peaches
- D015 Coconut Yoghurt
- D016 Creamy Rice Pudding
- D017 Creamy Vanilla Custard Pots
- D018 Cupcakes with Icing Drizzle
- D019 Custard pots with raspberries
- D020 Fresh Orange Wedges
- D021 Fresh Tropical Fruit Salad
- D022 Frozen Yoghurt Bark
- D023 Fruit Cocktail & Pink Yoghurt
- D024 Fruit Salad and Yoghurt
- D025 Gluten-Free Apple Tart

- D026 Jelly & Whipped Cream
- D027 Lemon drizzle cake
- D028 Lemon Drizzle Sponge Squares
- D029 Mango & Coconut Rice Pudding
- D030 Sugar-Free Banana Bread
- D031 Natural Yoghurt & Mixed Fruit
- D032 Oat cookies & Pink Yoghurt
- D033 Oaty Apple Biscuit
- D034 Over-the-Rainbow Fruit Skewers
- D035 Pancakes with fresh fruit
- D036 Pancakes, Yoghurt & Berry
- D037 Peach and Apple Compote
- D038 Pineapple and Kiwi Salad
- D039 Secret-Spinach Cocoa Brownies
- D040 Shortbread Fingers
- D041 Sliced Melon & Yoghurt
- D042 Strawberry Jelly
- D043 Strawberry Mousse & Peaches
- D044 Sugar free cocoa waffles
- D045 Sugar Free Blueberry Muffins
- D046 Sugar-Free Chocolate Mousse
- D047 Sugar-Free Date Brownie
- D048 Sugar-Free Rhubarb Crumble
- D049 Strawberry & Cream Cupcakes
- D050 Vanilla Cupcake

 Eat Better, Start Better (5-5-3-2)

In strict accordance with the Eat Better, Start Better framework, all hot lunches deliver exact carbohydrate and protein portions alongside our diverse side dishes, perfectly balancing daily intake guidelines.

 14-Allergen Guarantee

Every item in this 350+ directory can be adapted to accommodate specific 14-allergen profiles. We operate rigorous physical segregation to safely manage Dairy-Free, Gluten-Free, and critical allergy requirements.

 Safer Eating Protocols

We strictly adhere to national choking hazard prevention guidelines. All high-risk foods (such as grapes, cherry tomatoes, and sausages) are quartered or baton-cut before leaving our facilities.

